

Certificate

OF COMPLETION

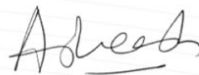
THIS IS TO CERTIFY THAT

Mayur Gajanan Dhamande

has successfully completed all the
requirements by MHB Academy towards the

DIPLOMA IN NUTRITION & LIFESTYLE MANAGEMENT

This certificate awards
60 CEU credits by the CPD Standards.



Asheesh Grewal
Founder, MyHealthBuddy

14 Apr 2023

DATE ISSUED



Gaurav Bansal
Head, MHB Academy



Certificate

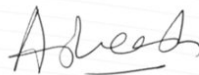
OF COMPLETION

THIS IS TO CERTIFY THAT

Mayur Gajanan Dhamande

has successfully completed all the
requirements set forth by MHB Academy for the

**POSTPARTUM HEALING SPECIALIST
MENTORSHIP PROGRAM**



Asheesh Grewal
Founder, MyHealthBuddy

13TH Oct 2025

DATE ISSUED

14TH Oct 2026

VALID UPTO



Gaurav Bansal
Head, MHB Academy

Certificate

OF COMPLETION

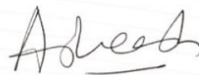
THIS IS TO CERTIFY THAT

MAYUR GAJANAN DHAMANDE

has successfully completed all the
requirements by MHB Academy towards the

THE ANATOMY OF MOVEMENT

This certificate awards
2 CEU credits by the CPD Standards.



Asheesh Grewal
Founder, MyHealthBuddy

06 JUN 2025

DATE ISSUED

05 JUN 2028

VALID UPTO



Gaurav Bansal
Head, MHB Academy

CIRCL MOBILITY™
Release. Restore. Renew.



CIRCL
MOBILITY™

INSTRUCTOR LICENSE

Mayur Dhamande

OFFICIAL CIRCL MOBILITY™ INSTRUCTOR

March 9, 2023

DATE

Alberto Perlman, CEO

This document certifies that the above named person has successfully participated in and completed an official CIRCL MOBILITY™ Instructor Licensing Program Session and is authorized to offer CIRCL MOBILITY™ classes for up to six (6) months from the date hereof, subject to the terms and conditions set forth on the reverse side of this Certificate, or for so long as instructor is a member in good standing of the CIRCL MOBILITY™ Instructor Network.

Visit circlmobility.com/instructor to verify that the Instructor's license is current and valid.

Copyright ©2023 Zumba Fitness, LLC | All rights reserved. CIRCL MOBILITY™ and the CIRCL MOBILITY logos are trademarks of Zumba Fitness, LLC. Unauthorized use is strictly prohibited.

STRONG
N A T I O N TM

FIGHTING
ELEMENTS

CERTIFICATE OF COMPLETION

Mayur Dhamande

STRONG NATIONTM INSTRUCTOR

3/27/2020 5:31:12 AM

DATE



DARREN JACOBSON
SENIOR VICE PRESIDENT, INSTRUCTOR PROGRAMMING

Zumba Fitness, LLC - 800 Silks Run, Suite 2310, Hallandale, FL 33009

This certifies that the above named person has successfully completed an official STRONG NATIONTM Instructor Training course and is authorized to teach STRONG NATIONTM classes for up to six (6) months from the date hereof, subject to the terms and conditions of the Six Month Limited STRONG NATIONTM Instructor License Agreement (which appears on the reverse side of this Certificate), or for so long as Instructor is a member in good standing of the STRONG NATIONTM Sync Network. Visit the Find an Instructor page on www.strongnation.com to verify that instructor's license is current and valid.

©Zumba Fitness, LLC - All Rights Reserved. STRONG NATIONTM and the STRONG NATION logos are trademarks of Zumba Fitness, LLC. Unauthorized use is strictly prohibited.



Mayur Dhamande

STRONG NATION™ E-LEARNING

2/22/2018 1:38:29 AM

DATE

A handwritten signature in black ink, appearing to read "Darren Jacobson", written over a horizontal line.

DARREN JACOBSON
SENIOR VICE PRESIDENT, INSTRUCTOR PROGRAMMING

Zumba Fitness, LLC - 800 Silks Run, Suite 2310, Hallandale, FL 33009

This certifies that the above named person has successfully completed an official STRONG NATION™ Instructor Training course and is authorized to teach STRONG NATION™ classes for up to six (6) months from the date hereof, subject to the terms and conditions of the Six Month Limited STRONG NATION™ Instructor License Agreement (which appears on the reverse side of this Certificate), or for so long as Instructor is a member in good standing of the STRONG NATION™ Sync Network. Visit the Find an Instructor page on www.strongnation.com to verify that instructor's license is current and valid.

©Zumba Fitness, LLC - All Rights Reserved. STRONG NATION™ and the STRONG NATION logos are trademarks of Zumba Fitness, LLC. Unauthorized use is strictly prohibited.

CERTIFICATE OF COMPLETION



STRONG NATION® WITH WEIGHTS INSTRUCTOR

May 29, 2025

DATE

Alberto Perlman, CEO

© Zumba Fitness, LLC - 800 Silks Run, Suite 2310, Hallandale, FL 33009 - WWW.STRONGNATION.COM

This certifies that the above named person has successfully completed an official STRONG NATION® with Weights E-Learning Program and is authorized to incorporate STRONG NATION® with Weights into the instructor's STRONG NATION® classes for so long as instructor is a SYNC Member in good standing, pursuant to the SYNC License Agreement. STRONG NATION® with Weights must be incorporated into STRONG NATION® classes in accordance with the guidelines provided during the STRONG NATION® with Weights E-Learning Program. Instructor status can always be verified at www.strongnation.com under "Find an Instructor."

STRONG NATION®, STRONG NATION® with Weights, and the STRONG NATION logos are trademarks of Zumba Fitness, LLC. Unauthorized use is strictly prohibited.



basic steps 1

Mayur Dhamande

OFFICIAL ZUMBA® INSTRUCTOR
BASIC STEPS LEVEL 1

February 25, 2017

DATE

"BETO" PEREZ
CREATIVE DIRECTOR



Zumba Fitness, LLC. 800 Silks Run, Suite 2310, Hallandale, FL 33009 954.925.3755 ZUMBA.COM

This certifies that the above named person has successfully participated in an official Zumba® Instructor Training and is authorized to offer Zumba® classes for up to one year from the date hereof, subject to the terms and conditions set forth on the reverse side of this certificate or for so long as instructor is a ZIN™ member in good standing. Instructor status can always be verified at zumba.com under "Find an Instructor."
Zumba® and the Zumba logos are trademarks of Zumba Fitness, LLC. Unauthorized use is strictly prohibited.

